

Case Study

Autism Early Detection and Intervention Program

PROGRAM DESCRIPTION:

Integrated evidence-based engagement program focused on early detection and intervention that supports plan members with autism and their caregivers. The program provides psychosocial support to ease the strain on caregivers and ensures participants are getting the resources they need at the earliest point of intervention.

The program was built with a unique care management component to assist families in foster care to ensure support is delivered to the current caregiver. The program also ensures adherence with appropriate autism screens and milestone tracking for all plan members with children under four.



PROGRAM AUDIENCE:

- All health plan members with children under 4
- Children with an autism diagnosis and their caregivers



Early Intervention Program:

OBJECTIVES:	OUTCOMES:
<ul style="list-style-type: none"> ➤ Support members with autism and their caregivers by ensuring that they are getting the resources they need at the earliest point of intervention ➤ Provide psychosocial support to parents, foster parents, and adoptive parents to ease the burden associated with caring for a child with autism 	<p>11,400 participants enrolled with 65% actively engaged</p> <p>3,964 automated escalations provided invaluable real-time intel to care coordinators allowing them to intervene and prevent negative downstream outcomes</p> <p>10% improvement in caregiver assessment of child's health and wellbeing (from baseline survey)</p> <p>89% said they were confident caring for their child (13% increase from baseline)</p> <p>87% were satisfied with the quality of care and support they have received from Amerigroup</p>

Early Detection Program:

OBJECTIVES:	OUTCOMES:
<ul style="list-style-type: none">➤ Increase well-visit appointment completions to ensure appropriate pediatric autism screenings are completed➤ Reduce barriers such as transportation, language, childcare to improve well-visit attendance	<p>649 self-reported barriers to well-visit appointment compliance; resolved by care coordination team</p> <p>3,238 escalations to Amerigroup care coordinators who were able to assist caregivers in getting additional follow up after a well-child visit</p>

Program Components:



Care Communications:

Upon enrollment, participants receive text messages to support their autism spectrum journey both physically and emotionally, with some including links to a library of resources (see Care Companion). Topics include caregiver stress support, foster care, ADL & Education Support and general autism for both adults and children.



Care Companion:

This cloud-based learning management system provides vetted educational content that is personalized by participants' self-expressed priorities and interests, structured into easy-to-follow sections to promote independent education, learning and self-care management.



GoMo Chat:

Much like a typical text conversation, GoMo Chat allows (secure) live messaging between participants and their care team, enabling in-the-moment, on demand conversations.



Secure Data Collection and Reporting:

Engagement and experience data is collected and analyzed and reported back to providers for ongoing quality, clinical delivery and service improvement.

“Early diagnosis and intervention for children with autism can provide long-term benefits for children’s health, wellbeing, and their ability to develop to their fullest potential. We look forward to the program’s continued, positive impact in our communities to help ensure our members can live happy, healthy, and fulfilled lives.”

Mel Lindsey
President, Amerigroup Georgia